



15 Invaluable Laws of Growth



GROWTH DOESN'T JUST HAPPEN

MOTIVATION GETS YOU GOING DISCIPLINE GROWS YOU

DESIGN YOUR LIFE

CHARACTER DETERMINES YOUR GROWTH

INCREASE YOUR CAPACITY

GROW YOURSELF TO GROW OTHERS



Growth Doesn't Just Happen



BE INTENTIONAL

- We don't improve by simply living. We have to be intentional about it.
- Salesman customer stated, "Do you think the roads will be clear enough in the morning to travel?" The waiter replied, "Depends on if you're on salary or commission."
- You've got to get up every morning with determination if you're going to go to bed with satisfaction.
- A life lived for tomorrow will always be just a day away from being realized.

JUST DO IT

- What would you attempt to do if you knew you wouldn't fail?
- Preparation (growth) + Attitude + Opportunity + Action (doing something about it) = Luck
- You cannot win if you do not begin! The people who get ahead in the world are the ones who look for the circumstances they want, and if they can't find them, they make them.

KNOW YOURSELF

- Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens.
- The wise man questions himself, the fool questions others.
- You will never change your life until you change something you do daily. That means developing great habits. Discipline is the bridge between goals and accomplishments.
- The difference between what we do and what we are capable of doing is suffice to solve most of the world's problems. - Gandhi

Motivation Gets You Going Discipline Grows You

GOOD MANAGEMENT OF BAD EXPERIENCES LEADS TO GREAT GROWTH

- Whether you are a success or failure in life has little to do with your circumstances; it has much more to do with your choices
- Experience is a hard teacher because the test is given first and the lesson is given afterward. That's true, but only if the person takes time to reflect after the experience.
- The first step toward success is taken when you refuse to be a captive of the environment you first find yourself in.
- If you always do what you've always done, you'll always get what you've always gotten. If you want to arrive at a new destination, you need to take a new path.
- Every problem introduces a person to himself. – John McDonnell
- What separates people who thrive from those who merely survive? How they face their problems.
- Expecting the world to treat you fairly just because you're a good person is a little like expecting the bull not to charge you because you're a vegetarian.
- Success in life comes not from holding a good hand, but in playing a poor hand well. – Warren G. Lester

HABITS AND GOALS

- If you develop the habits of success, you'll make success a habit.
- You will never change your life until you change something you do daily.
- The secret of your success is found in your daily routine.
- If you go to work on your goals, your goals will go to work on you. If you go to work on your plan, your plan will go to work on you. Whatever good things we build end up building us. – Jim Rohn



Design Your Life



CONDUCTIVE SURROUNDINGS

- If you want to grow spend time with great people, visit great places, attend great events, read great books, listen to great tapes.
- We become the combined average of the five people we hang around the most. - Jim Rohn
- Ralph Waldo Emerson and Henry David Thoreau questioned each time they met: “What have your learned since we last met?”

DEVELOP STRATEGIES

- If you don't try to create the future you want, you must endure the future you get.
- If you don't design your own life plan, chances are you'll fall into someone else's plan. And guess what they may have planned for you? Not much. - Jim Rohn
- Designing your life is more important than designing your career.
- Systems permit ordinary people to achieve extraordinary results predictably.

PERSONAL GROWTH

- Life is very simple but keeping it that way is very difficult.
- Unhappiness is not knowing what we want and killing ourselves to get it.
- Measurement is the first step that leads to control and eventually to improvement. If you can't measure something, you can't understand it. If you can't understand it, you can't control it. If you can't control it, you can't improve it.
- If you won't be better tomorrow than you were today, then what do you need tomorrow for?
- There is no future in any job. The future lies in the man who holds the job.

Character Determines Your Growth



DECISIONS

- He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much.
- Achievement to most people is something you do... to the high achiever, it is something you are.
- Life is not a box of chocolates. It's more like a jar of jalapeños. What we do today might burn our butts tomorrow!
- "Average" is the top of the bottom, the best of the worst, the bottom of the top, the worst of the best. Which are you?

WHERE YOU ARE/WHERE YOU COULD BE

- What we do on some great occasion will depend on what we are; and what we are will be the result of years of self-discipline.
- The number one time waster for most people is looking for things that are lost.
- You cannot control much of what happens to you in life. However, you can control your attitude.
- Ninety-nine percent of leadership failures are failures of character.

LEARN

- Some men see things as they are and ask why. Others dream things that never were and ask why not. – George Shaw
- People often focus on their professional capacity without developing character, and it almost always costs them in the end.
- If you focus on being better on the inside than on the outside, over time you will also become better on the outside.
- Humility is the solid foundation of all the virtues.
- Experience is not the best teacher; evaluated experience is.
- The object of life is not prospering, but the maturing of the soul.

Increase Your Capacity



LEARN FROM OTHERS

- “As I grow older I pay less attention to what men say. I just watch what they do.”
- Teaching people what to do is easy. Showing them is much more difficult.
- “To know the road ahead, ask those coming back.” —Chinese proverb
- Great things happen whenever we stop seeing ourselves as God’s gift to others, and begin seeing others as God’s gift to us.

FIND A MENTOR

- “Gu” means darkness, and “ru” means light—a guru takes someone from darkness into the light.
- First, list the specific strengths or skills you want to improve to reach your potential. Second, list the specific problem areas where you feel the need for ongoing guidance.
- “Self-evaluation is helpful, but evaluation from someone else is essential.” - Andy Stanley

LIMITLESS

- “The potential that exists within us is limitless and largely untapped... when you think of limits, you create them.” - Robert Kriegel
- Stop Thinking Can I? and Start Thinking How Can I?
- most of our limitations are based not on lack of ability, but lack of belief.
- Your doubts are not the product of accurate thinking, but habitual thinking.
- Success is a result of continued action filled with continual adjustments.
- “I am always doing that which I cannot do, in order to learn how to do it.” - Pablo Picasso



Grow Yourself to Grow Others



EXCELLENCE

- Continued excellence expands your capabilities and your potential.
- Ben Franklin asked himself in the morning, “What good shall I do today?” and in the evening, “What good have I done today?”
- “Work harder on yourself than you do on your job. Your income is directly related to your philosophy, not the economy. For things to change, you must change.” - Jim Rohn
- Excellence means doing your very best. In everything! In every way.”
- The greatest of all miracles,” he said, “is that we need not be tomorrow what we are today, but we can improve if we make use of the potentials implanted in us by God.” - Samuel M. Silver

CONTRIBUTION

- If you sacrifice and don't see success, then someone who follows will reap success from your sacrifice.
- If you're not doing something with your life, it doesn't matter how long it is!
- CEOs are less afraid of dying than they are of not making a contribution to their world.
- Giving of your time, expertise, and resources without expecting anything in return is an unselfish act that makes the world a better place.
- You add value to people because you value people and you believe that they have value.
- A wealthy person should have two periods: a time of acquiring wealth and a time of redistributing it.
- “I consider the success of my day based on the seeds I sow, not the harvest I reap.” - Robert Louis Stevenson
- “No individual has any right to come into the world and go out of it without leaving behind him distinct and legitimate reasons for having passed through it.” - George Washington Carver

The 15 Laws



1. **Law of Intentionality:** Growth Doesn't Just Happen
2. **Law of Awareness:** You Must Know Yourself to Grow Yourself
3. **Law of the Mirror:** You Must See Value in Yourself to Add Value to Yourself
4. **Law of Reflection:** Learning to Pause Allows Growth to Catch Up with You
5. **The Law of Consistency:** Motivation Gets You Going, Discipline Keeps You Growing
6. **The Law of Environment:** Growth Thrives in Conducive Surroundings
7. **The Law of Design:** To Maximize Growth, Develop Strategies
8. **The Law of Pain:** Good management of Bad Experiences Leads to Great Growth
9. **The Law of the Ladder:** Character Growth Determines the Height of Your Personal Growth
10. **The Law of the Rubber Band:** Growth Stops When You Lose Tension Between Where You Are and Where You Could Be
11. **The Law of Trade Offs:** You Have to Give Up to Grow Up
12. **The Law of Curiosity:** Growth is Stimulated by Asking Why?
13. **The Law of Modeling:** It's Hard to Improve When You Have No One but Yourself to Follow
14. **The Law of Expansion:** Growth Always Increases Your Capacity
15. **The Law of Contribution:** Growing Yourself Enables You to Grow Others